

# *A Quick Guide on* **INFORMED CONSENT**

**C****COMMUNICATION**

- Explain the intervention
- Use simple, non-technical language

**O****OPTIONS**

- Discuss alternative treatments
- Identify possible providers

**N****NECESSARY DISCLOSURE**

- Share benefits and risks
- Clarify expected outcomes

**S****SHARED DECISION-MAKING**

- Confirm the patient/client's ability to decide
- Encourage questions and input

**E****EMPOWER AUTONOMY**

- Respect the right to accept or refuse care
- Consent can be modified or withdrawn at any time

**N****NURTURE TRUST**

- Build a collaborative relationship
- Establish professional boundaries

**T****TRANSPARENCY**

- Document the consent process clearly
- Review expected timeframes and costs

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